Equal Midlothian Week

2 – 8 March 2020

Midlothian

A week of events bringing communities together and highlighting equalities work in Midlothian

Programme of Events

Organisations working on equalities issues will profile their work during events which:

- **Promote a more equal Midlothian**
- **Raise awareness of equality issues**
- **Celebrate the work people do on equalities in Midlothian**
- **Create stronger links between groups and involve local adults, young people and children**
- **Reach out to all communities**

The highlight is the Midlothian Mela on Saturday 7 March at the Gorebridge Beacon - come along and enjoy the fun!

Monday 2 March

Men's Bereavement Group 65+

An opportunity to share experiences and offer support and advice over a hot soup and a cuppa.

1pm – 3pm
The Grassy Riggs, The Marc building,
10 Woodburn Road, Dalkeith, EH22 2AT

Don't panic, but I'm Islamic!

A talk explaining how Muslims are really not that different from anybody else.

2pm – 3pm
Dalkeith Arts Centre,
2 White Hart St, Dalkeith EH22 1AE

Drop in event: no booking necessary. Including exhibition by MEND which features the positive contributions of British Muslims as well as showcasing the true scale of Islamophobia across society today. This exhibition will be on display in Midlothian libraries over the month of March.

Please contact Erin Cuthbertson 0131 271 3358 or Erin.Cuthbertson@midlothian.gov.uk

Out2Play by Play Midlothian

at the green space between Gibraltar Gardens and Allan Terrace, Dalkeith

Bring the whole family and the whole community! Free, inclusive and fun play sessions. We'll have loads of things to play with, and information about all our services.

3.30pm – 5pm
For more information contact Laura Baigrie on 07504 345 948 or laura@playmidlothian.org.uk

MidYouth – LGBT+ groups

A safe, inclusive space for LGBT young people and allies in Midlothian to meet new friends, socialise and take part in weekly activities and discussions.

6pm – 7.30pm, Session for 12-16 year olds
7.45pm – 9.15pm, Session for 17-21 year olds
Tolbooth Hall, 176 High Street, Dalkeith, EH22 1AY

Just come along or get in touch for more information at 0131 454 0757.

Tuesday 3 March

Macular/ Visual impairment Support Group

Come along to meet others and obtain support and advice on living well with a visual impairment.

1pm – 3pm
Grassy Riggs in the MARC Building
10 Woodburn Road, Dalkeith EH22 2AT

Out2Play by Play Midlothian

at Bonnybank play area, Gorebridge

Bring the whole family – and the whole community! – for free, inclusive and fun play sessions. We'll have loads of things to play with, and information about all our services.

3.30pm – 5pm
For more information contact Laura Baigrie on 07504 345 948 or laura@playmidlothian.org.uk

Wednesday 4 March

Deaf Awareness Training by Deaf Action

"For many deaf people, communication is the biggest hurdle they face in everyday life. You can make the difference." Come along and find out how!

9.30am – 4.30pm
Midlothian Voluntary Action,
4-6 White Hart St, Dalkeith EH22 1AE

Booking essential. Please contact
Erin Cuthbertson 0131 271 3358
Erin.Cuthbertson@midlothian.gov.uk

All EVENTS FREE

Thursday 5 March

Open Information Day for Kinship Care in Midlothian

Kinship care is the raising of children by grandparents and other extended family members and adults. Come along to find out more about supports available.

10am – 12 noon
Gorebridge Parish Church
96 Hunterfield Road, Gorebridge EH23 477

More information from Myra Orr of Grandparents Parenting Again and Kinship Carers Midlothian on 07540 300591
kinshipcarersadvocacy@gmail.com

Women's Walk

Organised by the Midlothian Ranger Service and Madinah Masjid & Community Centre (MMCC).

Women of all faiths (and none!) are welcome to join the MMCC women's walking group and Midlothian Rangers for a guided walk in Vogrie Park followed by a cuppa.

10am – 11.30am
Meet at Vogrie House,
Vogrie Country Park, EH23 4NU

Please contact Erin Cuthbertson 0131 271 3358 or Erin.Cuthbertson@midlothian.gov.uk

Dalkeith/ Woodburn Walk and Talk for 65+ and carers

Take those first steps to moving more and meeting new people. A cuppa and a chat after.

11.30am – 12.30pm
Meet at the Grassy Riggs in the MARC Building
10 Woodburn Road, Dalkeith EH22 2AT

Out2Play by Play Midlothian

at Oak Crescent play area in Mayfield

Bring all your family and friends! Free, inclusive and fun play sessions. Loads of things to play with and information about all of Play Midlothian's services.

3.30pm – 5pm
For more information contact Laura Baigrie on 07504 345 948 or laura@playmidlothian.org.uk

Misconceptions about Learning Disability

by People First Scotland and Midlothian People's Equality Group

Come along to hear from People First members about common misconceptions faced by people with learning difficulties. Enjoy coffee and cake while taking part in discussion around how and why these misconceptions should be challenged.

4pm – 5.30pm
Dalkeith Welfare Hall,
24-26 St Andrew Street, Dalkeith EH22 1AP

For more information contact
Erin Cuthbertson 0131 271 3358
Erin.Cuthbertson@midlothian.gov.uk

Friday 6 March

Out2Play by Play Midlothian

at Thornybank Square, Woodburn, Dalkeith

Bring all your family and friends! Free, inclusive and fun play sessions. Loads of things to play with and information about all of Play Midlothian's services.

1pm – 2.30pm
For more information contact Laura Baigrie on 07504 345 948 or laura@playmidlothian.org.uk

Saturday 7 March

Midlothian Mela 2020

Fun family event.

Come along for some free music, food and entertainment. More details on back of this Programme.

1pm – 4.30pm
The Gorebridge Beacon,
Hunterfield Road, Gorebridge, EH23 4TT

Sunday 8 March

International Women's Day

For more information about International Women's Day see www.internationalwomensday.com

Saturday 7 March
1pm – 4.30pm

The Gorebridge Beacon
Hunterfield Road
Gorebridge, EH23 4TT

MIDLOTHIAN MELA 2020

A magical mix of culture, food and entertainment!

- **FREE fun family friendly event**
- **Bringing together people from Midlothian's varied communities**
- **Everyone welcome - no need to book just turn up on the day**

Music, dance, artistic performances, creative workshops, complementary therapies, delicious food, relaxation and activities for children. (Lothian bus service no's 29 and 48; ten minute walk from Gorebridge Train Station; limited parking available)

The Midlothian Mela is an annual event held as part of Equal Midlothian Week and is organised by the Midlothian People's Equality Group (MPEG) in partnership with Midlothian Council, Health in Mind and others.

Midlothian People's Equality Group

Health in mind

Midlothian

www.midlothian.gov.uk/equal-midlothian