

Equal Midlothian Week

4 – 10th March 2013

Better for Everyone's Wellbeing

During 'Equal Midlothian Week' a range of organisations working on equalities issues will be profiling their ongoing work by staging specific events to: -

- Promote a more equal Midlothian
- Raise awareness of equality issues
- Celebrate the work people do on Equalities in Midlothian
- Create stronger links between groups and involve local adults, young people and children

The week will finish with Midlothian Wellbeing Mela in Loanhead Miners Welfare on Sunday March 10th.

Many events are family friendly including the Mela so come along, participate, learn more about our diverse Midlothian and just enjoy the fun!



www.midlothian.gov.uk/equal-midlothian

	MONDAY March 4th	TUESDAY March 5th	WEDNESDAY March 6th	THURSDAY March 7th	FRIDAY March 8th	SATURDAY March 9th	SUNDAY March 10th
Am	<p>12:45 – 2:15pm Movement Medicine</p> <p>(Therapeutic Dance Practice) Workshop Bonnyrigg Public Hall</p> <p>emily@health-in-mind.org.uk Tel: 0131 663 1616</p>		<p>10am – 1.30pm Equally Nourished</p> <p>Easy fun tools for health empowerment based on wisdom from across the globe Masonic Lodge, Roslin</p> <p>For booking anika@health-in-mind.org.uk</p> <p>or text 07760753031</p>	<p>9am -12 Hate Crime and People with Learning Difficulties</p> <p>People First, Fiona Wallace Caroline Rodger and Sarah Warne (Enable) Venue: Cherry Road Centre</p> <p>caroline.rodger@btconnect.com Tel: 07753822706</p>	<p>International Women's Day 1.30pm Wacky Women's Walk Event – Vogrie Park</p> <p>More info: www.midlothianwomen-said.org</p> <p>Tel: 0131 663 9827</p>	<p>11am – 1pm Who do you think you are? Dispelling myths about migration Dalkeith Arts Centre</p>	<p>Midlothian Wellbeing Mela 1-5pm Loanhead Miners Welfare</p>
Pm	<p>2:30 – 4pm Creative Workshop with performance by members of Life In Progress Theatre Group Bonnyrigg Public Hall</p> <p>emily@health-in-mind.org.uk Tel: 0131 663 1616</p>	<p>5 – 6:30pm Equality and Diversity Crafts in Dalkeith Library –</p> <p>emily@health-in-mind.org.uk Tel: 0131 663 1616</p>	<p>2 – 4pm Sarah Nelson (Edinburgh University) & Lisa Rigby (Shakti)</p> <p>considering Sarah's Craigmillar Community Study "Neighbourhood Mapping for Children's Safety", and it's relevance to women within multi-cultural Scotland Lawfield Primary community rooms 1&2</p> <p>Lisa@shaktieedinburgh.co.uk Tel: 0131 475 2399</p>	<p>1 – 2:30pm Equality and Diversity Crafts in Bonnyrigg Library</p> <p>emily@health-in-mind.org.uk Tel: 0131 663 1616</p>	<p>1-3pm New Age Kurling – an activity for all ages and abilities Dalkeith Arts Centre</p> <p>Vivian.wal-lace@midlothian.gov.uk Tel: 0131 561 6506</p>	<p>(Shakti, ELREC, MPEG, Refugee Council, Police)</p> <p>A.Anderson@elrec.org.uk Tel: 0131 556 0441</p>	<p>Wellbeing w/shops, music drama, dance, children's acts, food</p> <p>margaret.petrie@midlothian.gov.uk Tel: 0131 271 3449</p> <p>anika@health-in-mind.org.uk Tel: 07760753031</p>
Eve	<p>6.30pm for 7pm Equalities Drama ('The Asylum')</p> <p>Lasswade High</p> <p>Ryan.sturrock@talktalk.net Tel: 075836988</p>	<p>6.30 for 7pm Equalities Drama 'The Asylum' Workshop Lasswade High</p> <p>Ryan.sturrock@talktalk.net Tel: 0758369884</p>	<p>4-7pm Film Showing "Made in Dagenham" and discussion The Kabin Loanhead</p> <p>emma.laverie@midlothian.gov.uk Tel: 01968 664115</p>	<p>4.30 – 6.30 pm Midlothian People's Equality Group – Challenging Perceptions Film and Wk/ shop; Dalkeith Arts Centre Margaret. petrie@midlothian.gov.uk Tel: 0131 271 3449</p>			

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